

**Assessment of physiological and toxic hazards in fires**  
**2: Asphyxiant gases and FED calculations**  
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## Toxic smoke products

Asphyxiant gases:

## CARBON MONOXIDE

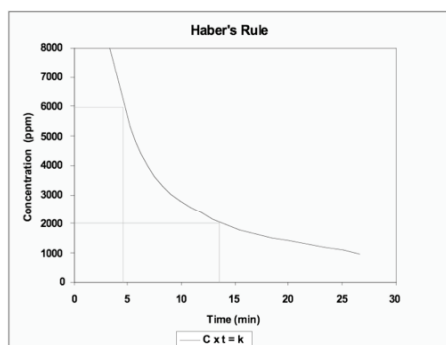
HYDROGEN CYANIDE

## CARBON DIOXIDE

LOW OXYGEN

cause confusion and loss of consciousness  
followed by death from asphyxia when a sufficient  
dose has been inhaled

## Haber's Rule



## Time to incapacitation for HCN and CO exposure

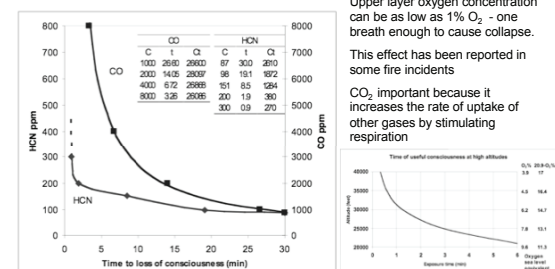
HCN present at 1000 ppm in domestic fires causes rapid incapacitation but dynamics of uptake and dispersal in blood result in low post-exposure blood CN, and CN unstable in blood, whereas COHb very stable

CO is probably the main ultimate cause of death by asphyxiants but HCN may be a major cause of incapacitation

Upper layer oxygen concentration can be as low as 1% O<sub>2</sub> - one breath enough to cause collapse.

This effect has been reported in some fire incidents

CO<sub>2</sub> important because it increases the rate of uptake of other gases by stimulating respiration

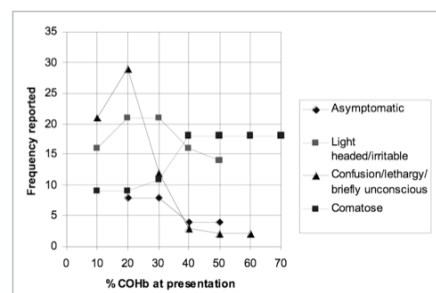


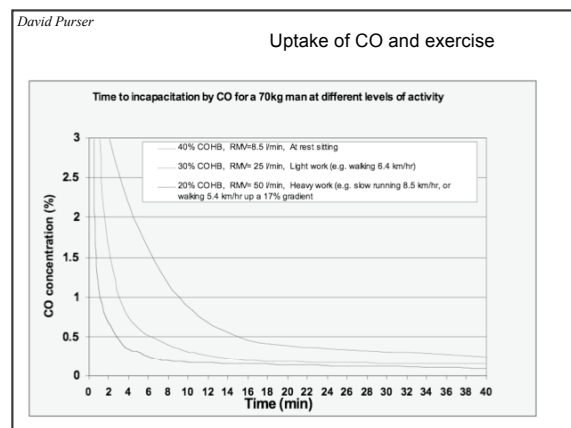
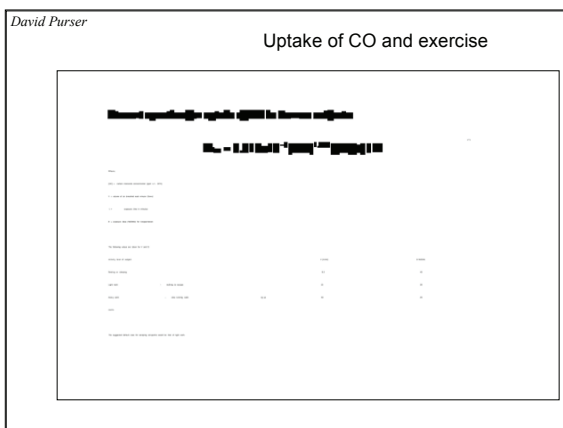
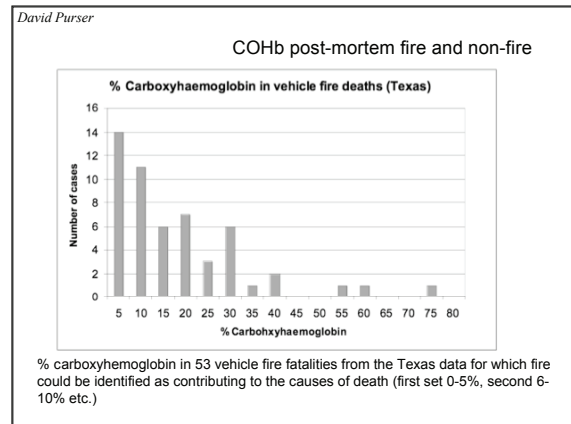
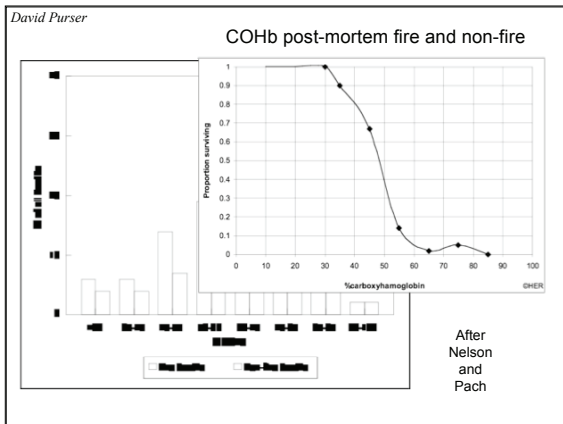
For HCN a small increase in concentration causes a large decrease in time to incapacitation

## CO symptoms

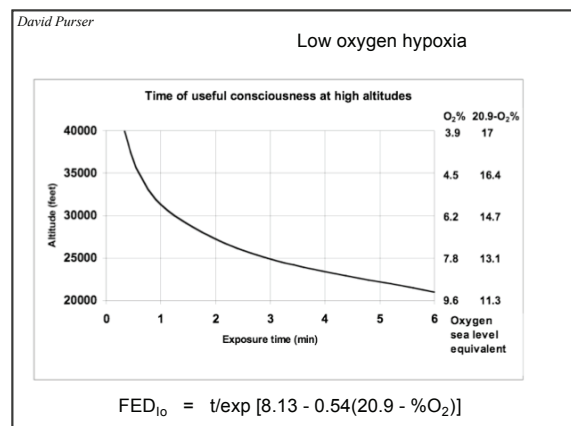
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## CO symptoms clinical





- David Purser
- ### Low oxygen hypoxia
- Effects depend upon:
    - Inhaled  $\text{CO}_2$  concentration
    - Level of physical activity
    - Health status
  - Up to a point can be tolerated due to compensatory mechanisms including:
    - Increased cerebral blood flow
    - More efficient unloading of oxygen from oxyhaemoglobin at low oxygen tensions
  - A point is reached when compensatory mechanisms fail and cerebral depression occurs with symptoms consisting of lethargy and impaired consciousness
  - This occurs at 10-12% oxygen



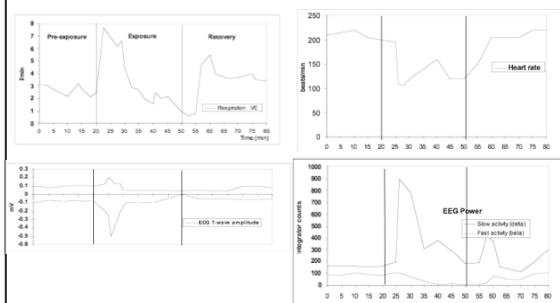
### Hydrogen cyanide

- The main mechanism of poisoning by hydrogen cyanide is prevention of oxygen metabolism in the mitochondrion by inhibition of cytochrome c reaction with oxygen
- This is a form of hypoxia, but in the presence of oxygen excess
- The blood is full of oxygen and bright red, because the oxygen cannot be used
- Cyanide does react with a form of haemoglobin called methaemoglobin to form cyanomethaemoglobin, it also combines weakly with haemoglobin and tends to be concentrated to some extent in red blood cells
- However while more than 80% of CO remains in the blood as COHb, most HCN is rapidly dispersed into the tissues, diffusing freely into the extracellular body fluid compartment and the intracellular fluids.
- Over an hour or so it is detoxified in the liver as well as being excreted from the lungs

### Hydrogen cyanide

- Because CO almost all stays in the blood as COHb, and because it is very stable in cadavers and stored blood, carboxyhaemoglobin provides a very good record of the exposure of a victim to CO in a fire. In fact the COHb concentration can be used in combination with fire modelling to estimate the CO concentrations that were present in the fire.
- It is also possible to establish whether a victim had inhaled enough CO to incapacitate or cause death
- This is partly why CO is cited as the cause of death in many fires. Other agents like low oxygen or cyanide do not leave such clearly measurable traces.

### Physiological effects of HCN gas (147 ppm)



### Post-mortem blood cyanide

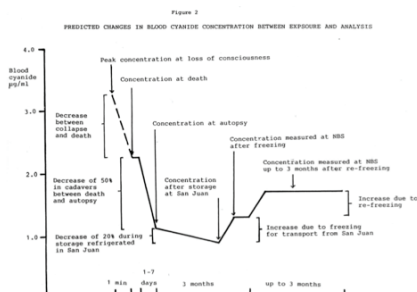
- In addition to the dynamics of volume of distribution, there are post-mortem changes
- The concentration halves in a cadaver over 24 hours
- In store samples of blood in a refrigerator cyanide is reasonably stable, but slowly decreases over a period of weeks and months
- This is due to the formation of thiocyanate
- Freezing or microbial action can reverse this process to some extent causing an apparent increase in concentration in stored samples

### Post-mortem blood cyanide

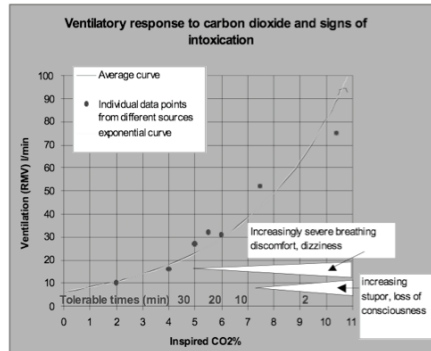
- In primates loss of consciousness occurred at fresh blood cyanide concentrations of between approximately 2.5 and 3.4 µg/ml.
- In dogs incapacitation occurred at 2.15 µg/ml following i.v. injection of HCN and death at 3.6 µg/ml.
- Curry: blood cyanide concentration of 3.5 µg/ml in a human case at death, and approximately 0.75 µg/ml at autopsy the next day.
- Ballantyne found 2 µg/ml cyanide in blood following death by HCN inhalation in rabbits.
- Levels post-mortem in three fatal human cases of HCN inhalation 5, 2.4 and 1.7 µg/ml. Suggested that 1-2 µg/ml cyanide in whole blood is the lowest level compatible with death from acute cyanide poisoning.
- Hall et al. (13) suggest the following correlation between blood levels and toxic signs:
 

µg/ml	Signs
0.2-0.5	No signs
0.5-1.0	Flushing, tachycardia
1.0-2.5	Obtunded
2.5-3.0	Coma
3.0	Death

### Post-mortem changes in blood sample from the Dupont Plaza hotel fire



## Respiration and metabolism



## Hazard equations

Smoke:  $FEC_{smoke} = [OD/m]/0.2$  for small enclosures or  $[OD/m]/0.1$  for large enclosures

Irritants sensory:

$$FIC = FIC_{HCl} + FIC_{HBr} + FIC_{HF} + FIC_{SO_2} + FIC_{NO_2} + FIC_{CH_2CHO} + FIC_{CH_2O} + \sum FIC_x$$

Irritants lethal:

$$FLD_{irr} = FLD_{HCl} + FLD_{HBr} + FLD_{HF} + FLD_{SO_2} + FLD_{NO_2} + FLD_{CH_2CHO} + FLD_{CH_2O} + \sum FLD_x$$

Asphyxiants:

$$FED_{IN} = (FED_{Ico} + FED_{Icn} + FLD_{irr}) \times VCO_2 + FED_{Io}$$

## Asphyxiant equations

FEDs for incapacitation for CO, HCN and low oxygen:

$$FED_{Ico} = (8.2925 \times 10^{-4} \times \text{ppm CO}^{1.036}) \times t/30$$

$$FED_{Icn} = (\exp([CN]/43))t/220$$

$$FED_{Io} = t/\exp [8.13 - 0.54(20.9 - \%O_2)]$$

Ventilatory stimulation by CO<sub>2</sub>:

$$VCO_2 = \exp ([CO_2]/5)$$

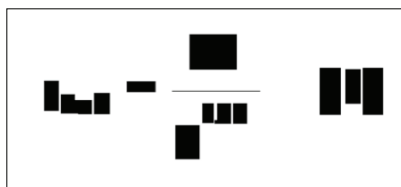
## FED equations asphyxiants

- For asphyxiants the effects of combinations are also approximately additive, but a number of interactions needs to be considered:
- The FED for CO and HCN are considered directly additive as has been demonstrated experimentally
- It is considered that the effects of irritants on lung function will also cause some hypoxia and so an additive term is included consisting of the  $FLD_{irr}$
- All these will be increased according to  $VCO_2$
- Low oxygen hypoxia will be additive with the overall effects, but is not increased by  $VCO_2$  (in fact it is improved)
- The intoxicating effects of CO<sub>2</sub> are considered unlikely to occur before other effects so are normally ignored, but can be considered an "or" term in the equation

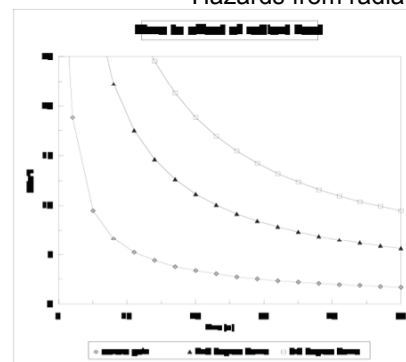
Asphyxiants:

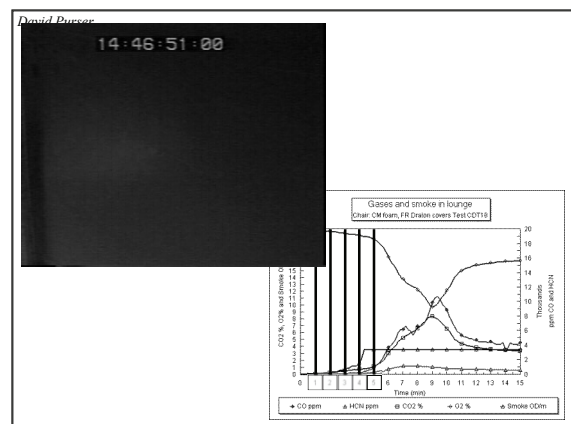
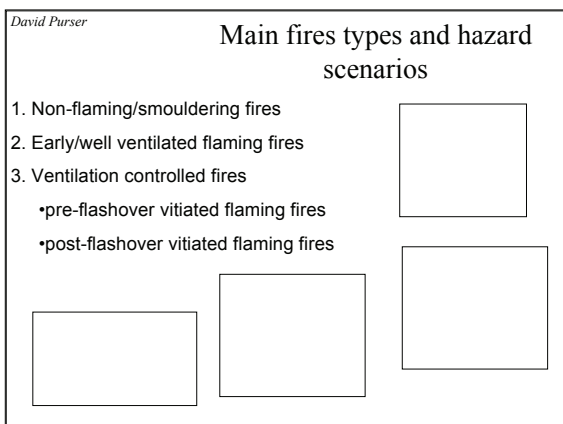
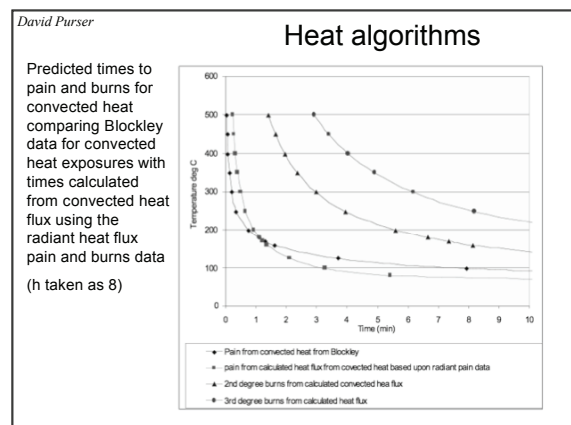
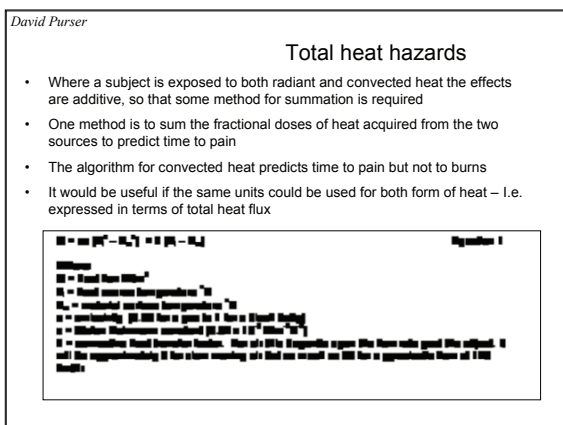
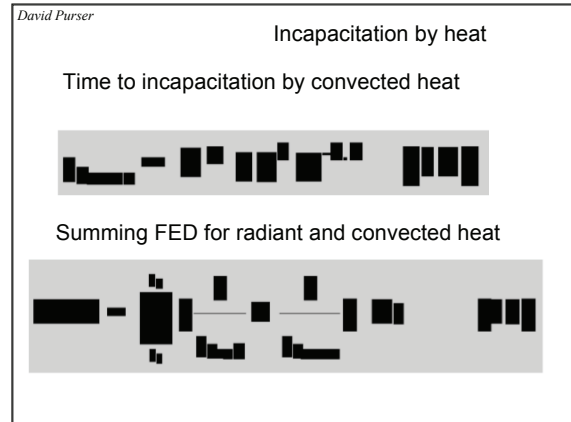
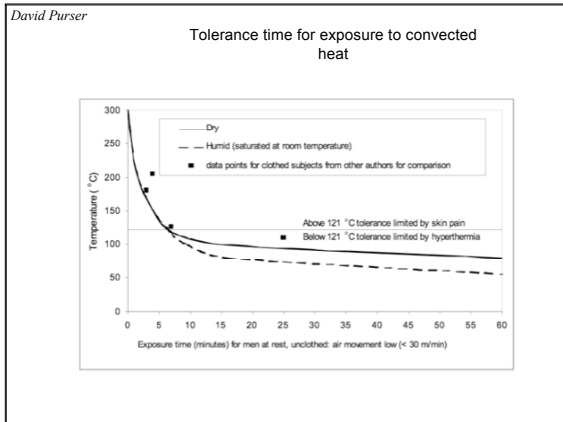
$$FED_{IN} = (FED_{Ico} + FED_{Icn} + FLD_{irr}) \times VCO_2 + FED_{Io}$$

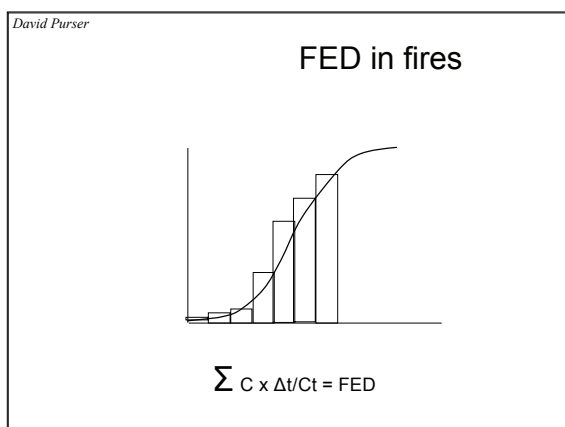
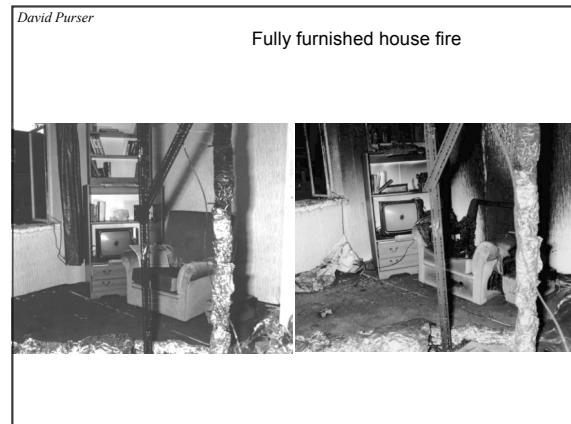
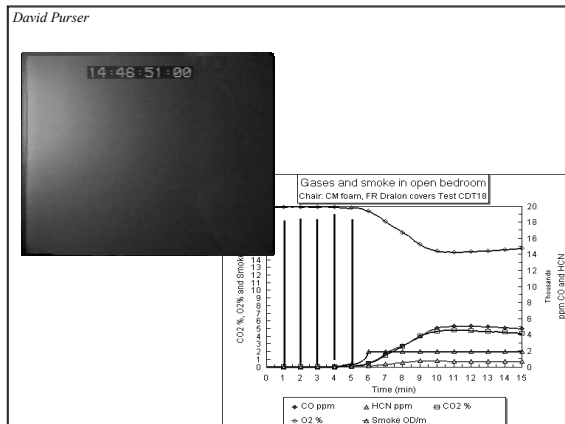
## Hazards from radiant heat



## Hazards from radiant heat





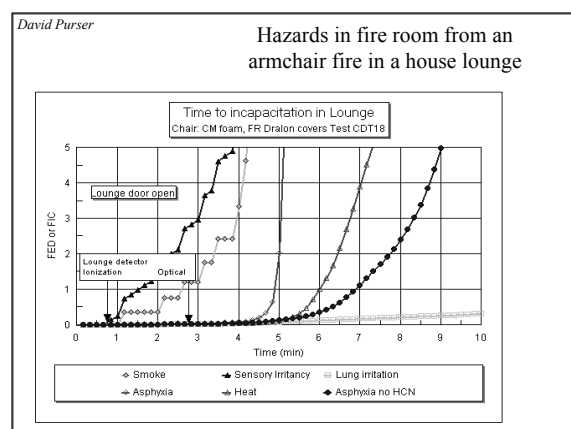
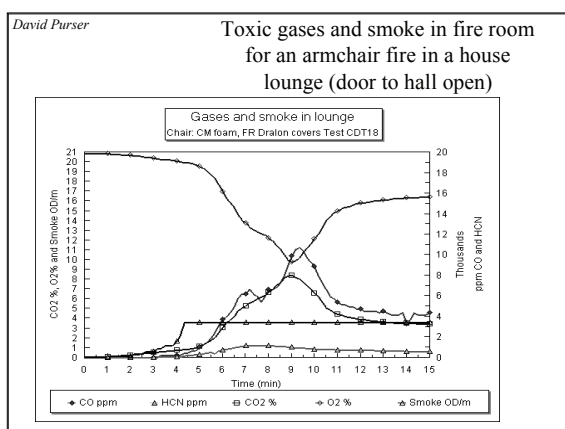


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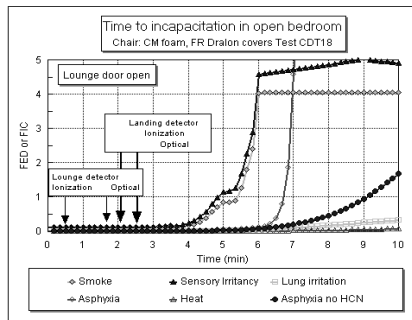
FED analysis table for a fire

Time (min)	CO ppm	HCN ppm	CO2 %	O2 %	Smoke ODIm	FED
0	0	0	21	21	0	0
1	0	0	21	21	0	0
2	0	0	21	21	0	0
3	0	0	21	21	0	0
4	0	0	21	21	0	0
5	0	0	21	21	0	0
6	0	0	21	21	0	0
7	0	0	21	21	0	0
8	0	0	21	21	0	0
9	0	0	21	21	0	0
10	0	0	21	21	0	0
11	0	0	21	21	0	0
12	0	0	21	21	0	0
13	0	0	21	21	0	0
14	0	0	21	21	0	0
15	0	0	21	21	0	0

Any individual exposed to these levels of smoke and heat is at risk of death or serious injury. The FED value is a measure of the total dose of smoke and heat to which a person is exposed. The FED value is a measure of the total dose of smoke and heat to which a person is exposed. The FED value is a measure of the total dose of smoke and heat to which a person is exposed.



### Hazards in open bedroom from an armchair fire in a house lounge



### Toxic effects of gas mixtures

- Fire gases are mixtures of irritants and asphyxiants
- Asphyxiants cause death during exposure due to brain hypoxia
- Irritants cause death after exposure due to lung inflammation
- Toxicity models assume different asphyxiants are basically additive with each other, and different irritants are also basically proportionally additive with each other – which more or less makes sense
- But in terms of overall lethality it is also assumed that all toxic products are basically proportionally additive. In practice it is to be expected that asphyxiants and irritants would act independently
- Rats have been exposed to a wide variety of toxic fire gas effluent mixtures to measure lethal exposure doses.
- By comparing the calculation models to the data it is possible to determine if they different components act additively or not

### Lethal toxic potency of mixtures in rats

The current version of the N-gas model for total deaths (during and after exposure) is as follows:

$$FED = m \frac{[CO]}{LC_{50} CO} + \frac{21-[O_2]}{21-LC_{50} O_2} + \frac{[HCN]}{LC_{50} HCN} + \frac{0.4[NO]}{LC_{50} NO} + \frac{0.4[NO_2]}{LC_{50} NO_2} + \frac{[HCl]}{LC_{50} HCl} + \frac{[HBr]}{LC_{50} HBr} \quad [4]$$

Fractional Effective Dose (FED) =

$$\frac{([CO] + [CN] - [NOx]) + [each acid gas] + [each organic irritant]}{LC_{50} CO + LC_{50} HCN + LC_{50} each gas + LC_{50} each organic irritant} \times V_{CO_2} + A + \frac{1}{hypoxia function} \quad [5]$$

where:

$V_{CO_2}$  multiplication factor for  $CO_2$  driven hyperventilation =  $1 + (\exp(0.14 \times [CO_2]) - 1)/2$

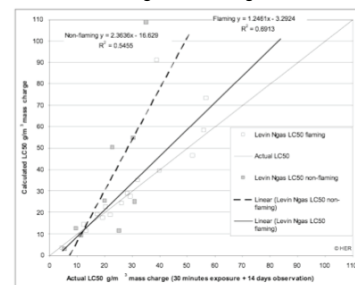
A is an acidosis factor =  $([CO_2] \times 0.05) - 0.02$

Hypoxia function =  $\exp(8.13 - 0.54 \times [21 - O_2])$

[CN] represents the concentration of cyanide

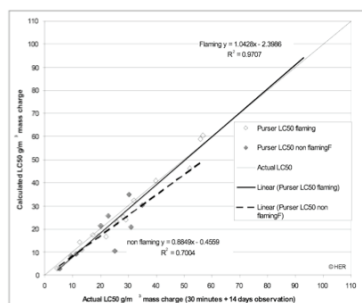
[NOx] represents the summed concentration of NO and  $NO_2$

### N-gas model against rat data



$LC_{50}$  concentrations calculated using the Levin N-gas model compared with measured rat  $LC_{50}$  concentrations for different materials decomposed under non-flaming and flaming combustion conditions

### Purser $LC_{50}$ model against rat data



$LC_{50}$  concentrations calculated using the Purser  $LC_{50}$  model compared with measured rat  $LC_{50}$  concentrations for different materials decomposed under non-flaming and flaming combustion conditions.

• Flaming fire effluent mixtures contain mainly asphyxiant gases

• Non-flaming fire effluent mixtures also contain high yields of irritant organic chemical species

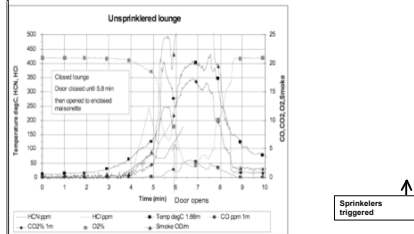
Conclusion:  
Additive model is a good predictor of experimental results

### Cleckheaton domestic sprinkler fires



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### Hazard analysis in sprinklered lounge fire



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### Hazard analysis in sprinklered lounge fire

